

SCHOOL ACTIVATIONS

Here are three activations to help your FUTP 60 team get started on the Farm to School Play. Each activation is weighted based on the time and the resources needed. You and your team may start with light and progress to heavy, choose one, or decide to try different activations at different points of the school year. Don't forget to report your Play on your FUTP 60 dashboard!

HEAVY LIFT – CLASSROOM COOKING CLUB

Students will start a Classroom Cooking Club which will focus on using local ingredients to make healthy recipes as well as inviting local farmers to discuss how they grow and transport foods. Students will be responsible for recruiting local farmers to come speak, developing recipes, working with school nutrition staff, and promoting the club to their peers. Students can bring in school nutrition staff as celebrity chefs.

Purpose: This “heavy lift” activation will lead efforts to engage more students in Farm to School practices by connecting students with a similar interest around understanding where food comes from.

Facilitator Tips:

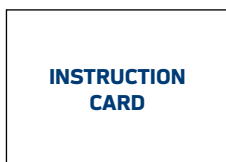
- Research
 - Where can local, healthy ingredients be obtained?
 - What is the budget for buying food?
 - Is there a farmer close by willing to be a guest speaker?
- Discuss logistics
 - Where can the club take place?
 - What is the school rule for bringing in food?
- Have students create a list of healthy recipes in advance to get approval from school leaders.
- Have students create promotional material for this new club.

What You'll Need:

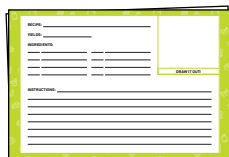
- Enclosed blank recipe cards
- Cooking tools and utensils
- Resealable bags for students to take home ingredients/meals

What's Included:

- Instruction Card
- 2 Blank Recipe Cards



x1



x2

Classroom Cooking Club – Instruction Card

Overview: Students will start a Classroom Cooking Club in the school that focuses on using local ingredients to make nutritious and economical recipes and get their friends involved in farm to school in an active and hands-on way.

Directions:

- Develop your own recipes.
- Invite local farmers to speak to your club members.
- Have your school nutrition staff act as celebrity chefs.
- Promote your club to other students.

What you'll need:

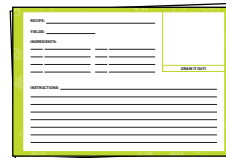
- Enclosed blank recipe cards
- Cooking tools and utensils
- Resealable bags for students to take home food/meals

What's Included:

- This Instruction Card
- 2 Blank Recipe Cards



x1



x2



CLASSROOM COOKING CLUB
INSTRUCTION CARD

RECIPE: _____

YIELDS: _____

INGREDIENTS:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

INSTRUCTIONS: _____



DRAW IT OUT!



CLASSROOM COOKING CLUB
RECIPE CARD

RECIPE: _____

YIELDS: _____

INGREDIENTS:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

INSTRUCTIONS: _____



DRAW IT OUT!



CLASSROOM COOKING CLUB
RECIPE CARD