



The Dairy Difference: North Dakota's Impact

The dairy industry is delivering nutrition, sustainability, and economic impact.



26.5 POUNDS OF FOOD WASTE BYPRODUCTS

Cows eat this daily, like cottonseeds and distillers' grains, keeping them out of landfills and turning them into milk, cheese & yogurt.



22¢ PER GLASS

Milk is one of the most affordable, nutritious, and delicious options for busy lifestyles - packed with calcium, vitamin D, and protein.



13% LESS GHG PER GALLON OF MILK FROM 2007-2020

New technologies, improved genetics and advanced cow care practices made this possible.

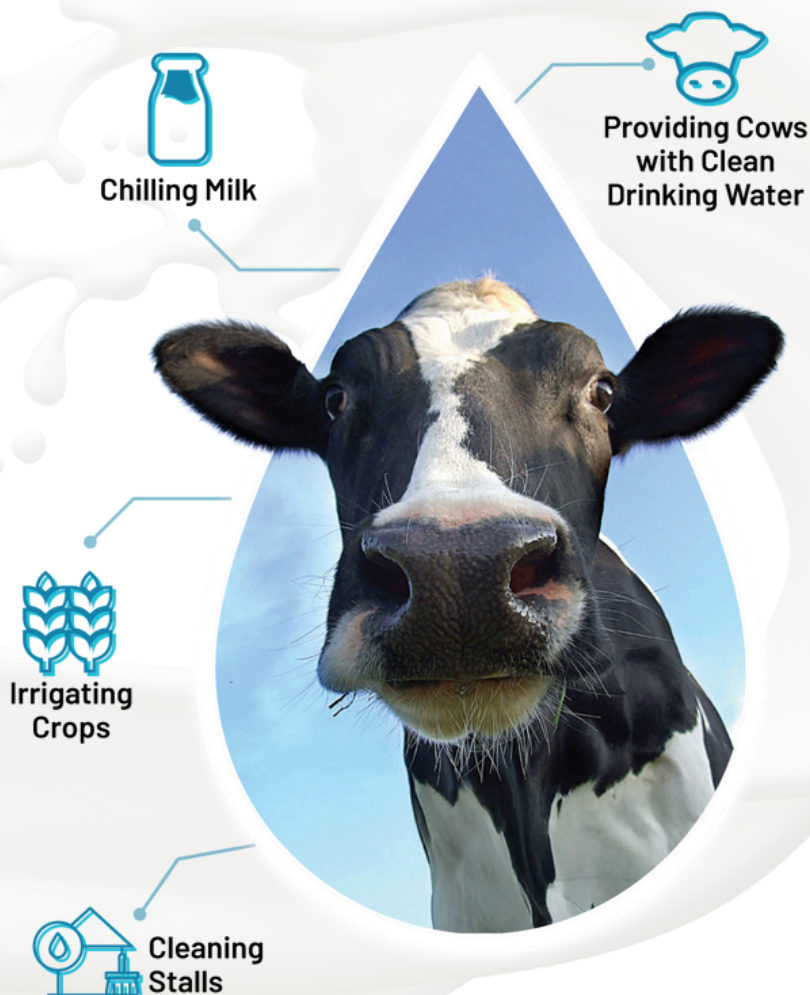


94% OF FARMS ARE FAMILY OWNED

U.S. dairy farms are local with most milk traveling from farm to store in just 48 hours.

MILKING IT SUSTAINABLY

Water is recycled up to 4 times on a dairy farm!



FROM FARM &
FAMILY TO OUR
ECONOMY



In North Dakota, dairy totaled over
\$361 MILLION
in total economic impact in 2025.

