

STUDENT GUIDE

Lesson 1: Driving Question Activity



Part 1: Asking Questions About the Phenomenon

See your Questioning Form for this information.



Part 2: Initial Explanation

Create an initial explanation to answer the Driving Question, ***Why might someone who exercises consume whey protein?*** In your explanation, be sure to:

- Describe the cause and effect relationship between consuming whey protein and exercise.
- Explain how you think whey protein affects the human body.
- Use evidence from multiple sources in your explanation.



Part 3: Sharing Initial Explanations

Identify the similarities and differences between your explanation and your peers' explanations.

Similarities in our Explanations	Differences in our Explanations