

# Planning Document

## Lesson 4: Protein Product Assessment



Using the graphic organizer below, work in your groups to brainstorm your protein product you will create, research recipes, and then plan your cooking/baking/making day.

### Brainstorm

|   |  |
|---|--|
| What do you know about your protein product from your presentation?           |  |
| Who is this protein product designed for?                                     |  |
| What ingredients are essential for your protein product?                      |  |
| What access do you have for cooking, baking, cooling, etc. in your classroom? |  |

## Research

Find at least 3 different recipes that meet the needs you brainstormed above.

What elements from the recipe could you use to make your protein product?

|          |  |
|----------|--|
| Recipe 1 |  |
| Recipe 2 |  |
| Recipe 3 |  |

## Plan

Using the first two columns, write out what you need to cook, bake, or make your protein product to the class.

In the last column, include ideas for how you will present your product to the class.

| Ingredients | Kitchen Tools | Presentation Items |
|-------------|---------------|--------------------|
|             |               |                    |

Using the list above, assign group mates the responsibility for providing each of the items needed. Write this information in the table below.

| Name | Responsibilities |
|------|------------------|
|      |                  |
|      |                  |
|      |                  |
|      |                  |